

**Group Leaders:** Please give a copy of this form only to your attendees with **alternate dietary requests**. In order to accommodate your needs we must have the completed requests **two weeks** prior to your arrival. This will enable us to plan meals, order food and schedule staff. Guests should assume personal responsibility for their dietary needs and in extreme cases may be asked to provide a portion of their own food if they are comfortable doing so.



## Alternate Dietary Request

*Stronghold Center strives to provide delicious food that appeals to a broad range of guests and campers. If you will need a different option for health reasons, we will be glad to design a separate menu for you , and to have it ready when your group shares meals, so you can relax and enjoy the camaraderie and blessing of sharing meals together. By completing this form, we will set aside a separate plate for you at each meal service. You will be issued a card by your group leader upon your arrival at Stronghold. This card must be presented to the kitchen as you pick up each meal so that we provide the correct meals. We will do our very best to enhance your visit to Stronghold with delicious meals.*

### General Information

Your Name: \_\_\_\_\_ Group Name: \_\_\_\_\_

Child      Teen      Adult

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

*The food service department may need to contact you about the information you provide on this form.*

Arrival Date: \_\_\_\_\_ First Meal is: \_\_\_\_\_

Departure Date: \_\_\_\_\_ Last Meal is: \_\_\_\_\_

### Alternate Meal Choices

Vegetarian     Vegan     No Pork     No Beef     Lactose Intolerant (NO dairy)     Gluten Free

### Food Allergies

Please check any food allergies you may have.

Milk     Eggs     Peanuts     Tree Nuts     Fish     Shellfish     Soy     Wheat

*Please be aware that these foods are used in our kitchen at Stronghold. If your allergy is so severe that this may be a problem, note it here.*

Other Food Allergies/Notes: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

*The Food Service Coordinator will determine whether your requests can be accommodated*

**Return completed form to: Stronghold Camp and Retreat Center –Reservation Coordinator  
PO Box 199, Oregon, IL 61252 / Fax: 815 -732-7325/ E-mail: [reservations@strongholdcenter.org](mailto:reservations@strongholdcenter.org)**